

Dr. Adam Bode PhD

Curriculum Vitae

Affiliation: Evolution Lab, Melbourne School of Psychological Sciences, University of Melbourne

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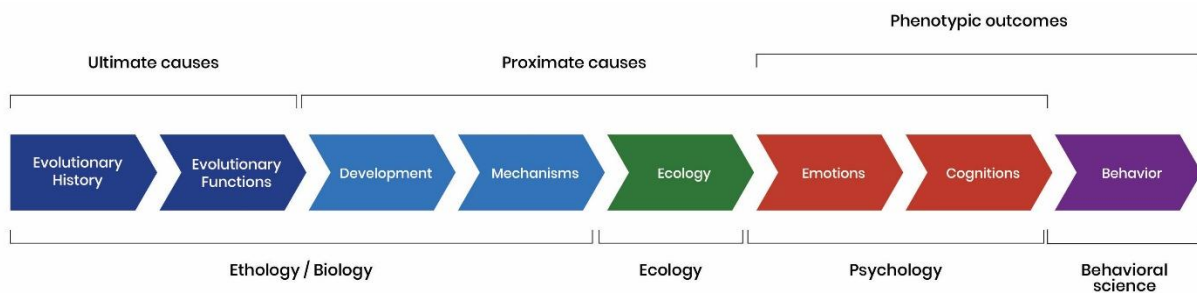
Website: adambode.com

Languages: English (Native), French (B1)

H-Index (Scopus): 7

Research Statement

I am an interdisciplinary researcher specialising in love and bonds. My research uses an "Eight Perspectives" framework integrating ethology, ecology, psychology, and behavioural science. I have proposed that romantic love evolved by co-opting mother-infant bonding — a testable alternative to prevailing models that informs the partial basis for an invited target article for *Evolution and Human Behavior* and an invited contribution to a Royal Society Meeting and Special Issue in *Philosophical Transactions of the Royal Society B*. I have published 22 peer-reviewed articles (10 as first author) and 5 commentaries (all first author), plus one book chapter. My H-index is 7 (Scopus). My research priorities are the psychology and behaviour of maternal and romantic love, the evolution of romantic love, love and health, families, and improving the science of love.



Academic Appointments

Sessional Academic (Psychology)

2024-2025

Institute of Health and Wellbeing

Federation University Australia

Visiting Fellow

2010

Centre for Research and Action in Public Health

University of Canberra

Academic Affiliations

University Guest (Academic) 2026-Present
 Evolution Lab, Melbourne School of Psychological Sciences
University of Melbourne

Royal Society Meetings

Theo Murphy Discussion Meeting Love, Actually and in Theory: Towards a Robust Science of Love <i>The Royal Society</i>	Obsessive Thinking About a Loved One in Romantic Love: Eight Perspectives	5-6 May 2026
Invited Contribution to Special Issue <i>Philosophical Transactions of the Royal Society B: Biological Sciences</i>	Obsessive Thinking About a Loved One in Romantic Love: An Eight Perspectives Approach	In preparation

Grant Applications in Development

Principal Investigator Love, Virtue, and Health: A Comparative Study of Maternal and Romantic Love <i>John Templeton Foundation</i>	Requested funding ≈ AU\$390,000 over three years	Anticipated OFI submission July 2026
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Funding and Scholarships (Total ≈ AU\$284,000)

Australian Government Research Training Program Stipend Scholarship <i>Australian Government</i>	≈ AU\$146,000	2021-2024
Australian Government Research Training Program Scholarship <i>Australian Government</i>	≈ AU\$138,000	2020-2025

Travel and Research Support (Total ≈ AU\$15,190)

Cost of Travel and Accommodation <i>University of Nîmes</i>	≈ AU\$1,400	2026
Article Processing Charge Waiver <i>Frontiers in Psychology</i>	≈ AU\$5,015	2026
Cost of attending Meeting <i>The Royal Society</i>	≈ AU\$4,550	2026
Travel Grant <i>Australasian Society for Human Biology</i>	AU\$250	2025

Travel Grant <i>Australasian Evolution Society</i>	AU\$300	2024
Article Processing Charge Waiver <i>Behavioral Sciences</i>	≈ AU\$3,675	2023

Research-supporting Ventures

Founder <i>Love Insight</i>	Science-communication venture providing personalised reports based on validated love research instruments	2026-Present
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Education

PhD (Anthropology) <i>Australian National University</i>		2025
Bachelor of Laws <i>Australian National University</i>		2011
Bachelor of Psychology (Honours) <i>Australian National University</i>		2009

Peer Reviewed Journal Articles

- Kowal, M., Sorokowski, P., Roberts, S. C., Małecki, W. P., Misiak, M., . . . **Bode, A.**, . . . Zumárraga-Espinosa, M. (In press). Higher Individualism Predicts Lower Intensity of Experienced Love: Data from 91 Countries. *Philosophical Transactions of the Royal Society B: Biological Sciences*.
- Bode, A.**, Luoto, S., Kowal, M., & Aghedu, F. C. (2026). Romantic Love and Sexual Frequency. *Current Sexual Health Reports*, 18(1), 8. doi:10.1007/s11930-026-00422-2
- Kowal, M., & **Bode, A.** (2026). Love Is Not Blind: It May Be Indifferent to Partners' Flaws, Unless It Involves Cheating or Aggression. *Archives of Sexual Behavior*. doi:10.1007/s10508-026-03428-y
- Kowal, M., & **Bode, A.** (2026). The Role of Big Five Personality Traits in Early-Stage Love. *Journal of Individual Differences*, 47(1), 52-62. doi:10.1027/1614-0001/a000457
- Kowal, M., Sorokowski, P., **Bode, A.**, Misiak, M., Malecki, W. P., Sorokowska, A., & Roberts, S. C. (2025). Meeting Partners Online is Related to Lower Relationship Satisfaction and Love: Data from 50 Countries. *Telematics and Informatics*, 101, 102309. doi:https://doi.org/10.1016/j.tele.2025.102309
- Kowal, M., Sorokowski, P., Gjonneska, B., Pisanski, K., Pfuhl, G., Aguilar, L., . . . **Bode, A.**, . . . Prazeres, F. (2025). Cross-cultural data on romantic love and mate preferences from 117,293 participants across 175 countries. *Scientific Data*, 12(1), 1103. doi:10.1038/s41597-025-05365-2

- Sorokowski, P., Butovskaya, M., Groyecka-Bernard, A., Huanca, T., Kumar, A., Manral, U., . . . **Bode, A.**, . . . Kowal, M. (2025). Love as a Universal Phenomenon: Data from Nine Non-WEIRD Societies. *International Journal of Intercultural Relations*, 108, 102211. doi:https://doi.org/10.1016/j.ijintrel.2025.102211
- Pfuhl, G., Prazeres, F., Kowal, M., Aavik, T., Abad-Villaverde, B., Afhami, R., . . . **Bode, A.**, . . . Sorokowski, P. (2025). A Preliminary Study on the Role of Personal History of Infectious and Parasitic Diseases on Self-reported Health Across Countries. *Public Health*, 242, 220-227. doi:https://doi.org/10.1016/j.puhe.2025.02.030
- Bode, A.**, & Kavanagh, P. S. (2025). Variation Exists in the Expression of Romantic Love: A Cluster Analytic Study of Young Adults Experiencing Romantic Love. *Personality and Individual Differences*, 239, 113108. doi:https://doi.org/10.1016/j.paid.2025.113108
- Bode, A.**, Luoto, S., & Kavanagh, P. S. (2025). Sex Differences in Romantic Love: An Evolutionary Perspective. *Biology of Sex Differences*, 16(1), 16. doi:10.1186/s13293-025-00698-4
- Bode, A.**, Kowal, M., Cannas Aghedu, F., & Kavanagh, P. S. (2025). SSRI Use is not Associated with the Intensity of Romantic Love, Obsessive Thinking About a Loved One, Commitment, or Sexual Frequency in a Sample of Young Adults Experiencing Romantic Love. *Journal of Affective Disorders*, 375, 472-477. doi:10.1016/j.jad.2025.01.103
- Kowal, M., **Bode, A.**, Koszałkowska, K., Roberts, S. C., Gjoneska, B., Frederick, D., . . . Sorokowski, P. (2024). Love as a Commitment Device: Evidence from a Cross-cultural Study across 90 Countries. *Human Nature*. doi:10.1007/s12110-024-09482-6
- Bode, A.**, Kowal, M., Cannas Aghedu, F., & Kavanagh, P. S. (2024). Romantic Love and Sexual Frequency: Challenging Beliefs. *Journal of Sex & Marital Therapy*, 1-12. doi:10.1080/0092623X.2024.2394670
- Kowal, M., Sorokowski, P., Dinić, B. M., Pisanski, K., Gjoneska, B., Federick, D.A., . . . **Bode, A.** . . . Sternberg, R. J. (2024). Validation of the Short Version (TLS-15) of the Triangular Love Scale (TLS-45) across 37 Languages. *Archives of Sexual Behavior*. doi:10.1007/s10508-023-02702-7
- Bode, A.**, & Kavanagh, P. S. (2023). Romantic Love and Behavioral Activation System Sensitivity to a Loved One. *Behavioral Sciences*, 13(11). doi:10.3390/bs13110921
- Bode, A.** (2023). Romantic Love Evolved by Co-opting Mother-infant Bonding. *Frontiers in Psychology*, 14. doi:10.3389/fpsyg.2023.1176067
- Bode, A.**, & Kowal, M. (2023). Toward Consistent Reporting of Sample Characteristics in Studies Investigating the Biological Mechanisms of Romantic Love. *Frontiers in Psychology*, 14. doi:10.3389/fpsyg.2023.983419
- Bode, A.**, & Kuula, L. (2021). Romantic Love and Sleep Variations: Potential Proximate Mechanisms and Evolutionary Functions. *Biology*, 10(9). doi:10.3390/biology10090923
- Bode, A.**, & Kushnick, G. (2021). Proximate and Ultimate Perspectives on Romantic Love. *Frontiers in Psychology*, 12(1088). doi:10.3389/fpsyg.2021.573123
- Dolan, K., Rodas, A., & **Bode, A.** (2015). Drug and Alcohol Use and Treatment for Australian Indigenous and Non-Indigenous Prisoners: Demand Reduction Strategies. *International Journal of Prisoner Health*, 11(1), 30-38. doi:10.1108/IJPH-02-2014-0005

- Hogan, A., **Bode, A.**, & Berry, H. (2011). Farmer Health and Adaptive Capacity in the Face of Climate Change and Variability. Part 2: Contexts, Personal Attributes and Behaviors. *International Journal of Environmental Research and Public Health*, 8(10). doi:10.3390/ijerph8104055
- Hogan, A., Berry, H. L., Ng, S. P., & **Bode, A.** (2011). Decisions Made by Farmers That Relate to Climate Change. *Agricultural Science*, 23(1), 36-39. doi:10.3316/informit.977617084152339

Manuscripts Submitted and Under Review

* = Student co-author

- Ye, Y.* & **Bode, A.** (In preparation). Features of Romantic Love Predict Subjective Partner Mate Value in Young Adults. *Personal Relationships*.
- Bode, A.** & Kowal, M. (Under revision). An “Eight Perspectives” Approach to Describe Complex Psychobehavioral Phenomena. *Frontiers in Psychology*.
- Uhlich, M., Kowal, M., Lamarche, V., **Bode, A.**, Silan, M., & Kanth, B. (Submitted). Development of the Relational Embeddedness Scale (RES): A Culturally Grounded Measure of Socio-Familial Embeddedness of Marriage in Collectivistic Contexts. *Journal of Family Studies*.
- Bode, A.**, Kowal, M., Kuula, L., & Kavanagh, P. S. (Submitted). Predictors of Self-reported Need for Less Sleep Among Partnered Young Adults in the First Two Years of Romantic Love. *Psychological Reports*.
- Larkin, G.* & **Bode, A.** (Submitted). Big-5 Personality is Not a Meaningful Predictor of Sexual Frequency in Young Adults Experiencing Romantic Love. *Journal of Sex and Marital Therapy*.
- Bode, A.** & Kowal, M. (Under review). Correlates of First Romantic Love Episode in Young Adults. *Emerging Adulthood*.
- Felesina, T., & **Bode, A.** (Under revision). Romantic Love as Regulatory Co-option of Maternal-Bonding Circuitry: A Testable Genetic Account. *Frontiers in Behavioral Neuroscience*.
- Bode, A.**, Koppel, S., Kowal, M., & Kavanagh, P. S. (Submitted). Predictors of Self-reported Riskier Driving Among Young Adults Experiencing Romantic Love. *Current Psychology*.
- Algoe, S.B., Karremans, J.C., & **The Love Consortium Global Advisors** (Under review). Globalizing the Science of Love and Social Connection. *Current Directions in Psychological Science*.

Book Chapters

- Bode, A.**, Kavanagh, P. S., & Kowal, M. (2025). Using an Evolutionary Approach to Study Romantic Love. In C.-H. Mayer & E. Vanderheiden (Eds.), *International Handbook of Love: Transcultural and Transdisciplinary Perspectives* (pp. 1-19). Cham: Springer Nature Switzerland.

Opinions, Commentaries, and Letters to the Editor

- Bode, A.** (Accepted). Misuse of the Term “Romantic Love.” *Human Nature*.

- Bode, A.** (2026). Use of the term “romantic love” in the evolutionary social and behavioral sciences. *Frontiers in Psychology, Volume 17 - 2026*. <https://doi.org/10.3389/fpsyg.2026.1716892>
- Bode, A.** (2026). We Already Know a Bit About the Evolution of Love.... *American Journal of Biological Anthropology, 189(1)*, e70201. doi:<https://doi.org/10.1002/ajpa.70201>
- Bode, A.** (2025). The Science of Love is Not Quite There.... *mSystems, 0(0)*, e01189-01125. doi:10.1128/msystems.01189-25
- Bode, A., & Kowal, M.** (2025). We Know More and Less About Love: A Comment on Babková and Repiská (2025). *Frontiers in Behavioral Neuroscience, Volume 19 - 2025*. doi:10.3389/fnbeh.2025.1602582

Commissioned Reports

- Hogan, A., Berry, H. L., Ng, S. P., & **Bode, A.** (2011). Decisions Made by Farmers that Relate to Climate Change. Canberra, Australia. Report commissioned by the Rural Industries Research and Development Corporation.
- Rodas, A., **Bode, A.**, & Dolan, K. (2011). Supply, Demand, and Harm Reduction Strategies in Australian Prisons: An Update. Civic Square, Australia. Report commissioned by the Australian National Council on Drugs.
- Berry, H.L., **Bode, A.**, & Capon, T (2011). ‘Mental Health in Australia’s Million-plus Cities: Social Environments, Physical Environments and Psychological Dynamics.’ Australian Government Department of Families, Housing, Community Services and Indigenous Affairs (FaHCSIA) Social Policy Research Services Grant, FCH 2007/03e (Unpublished report).

Selected Manuscripts in Preparation

* = Student co-author

- Bode, A.** & Naragon-Gainey, K. (In preparation). Features of Romantic Love Predict Health-related Quality of Life in an International Sample.
- Kowal, M., Uhlich, M., Scheller, M., & **Bode, A.** (In preparation). Preliminary Investigations into Love in a Romantic Relationship and Sexual Frequency.
- Bode, A.**, Kowal, M., Brooks, R., & Blake, K. (In preparation). An Experiment to Investigate the Effect of Gender Equality on Love in Romantic Relationships.
- Bode, A.**, Luoto, S., Kowal, M., Cannas Aghedu, F., & Kavanagh, P.S. (In preparation). Sexual Orientation and Romantic Love.
- Kowal, M., Coffey, J. K., Stern, J. A., & **Bode, A.**, (In preparation). Validation of the Maternal Love Scale.
- Bode, A.**, Luoto, S., Kowal, M., Al-Shawaf, L., Buss, D., Simpson, J., Dunbar, R., & Lieberman, D. (In preparation). The Evolution of Romantic and Companionate Love: Shared and Distinct Biology, Psychology, and Behavior. Invited target article to *Evolution and Human Behavior*.

Bode, A. & Langeslag, S.J.E. (In preparation). Obsessive Thinking About a Loved One in Romantic Love: Eight Perspectives. Invited contribution to a Royal Society Special Issue in Philosophical Transactions of the Royal Society B.

Kowal, M., Scheller, M., Łakomy, K., Muzek, F., Langeslag, S.J.E. . . . **Bode, A.** (In preparation). Validation of the Short Version (PLS-5) of the Passionate Love Scale (PLS-30).

Bode, A., Greenhill, S. J., Hendershott, R., & Balolia, K.L. (In preparation). Strong Evidence for the Sequential Evolution of Social Monogamy, Territoriality, and Paternal Care in the *Homo Sapiens* Lineage.

Veitch, E.* & **Bode, A.** (In preparation). Does Big-5 Personality Predict Hypomanic-like Features in Young Adults Experiencing Romantic Love?

Blummer, B.* & **Bode, A.** (In preparation). Romantic Love Predictors of Relationship Satisfaction in Young Adults Experiencing Romantic Love.

Ellis, S.* & **Bode, A.** (In preparation). Does Behavioural Activation System Sensitivity to a Loved One Predict Hypomanic-like Features in Young Adults Experiencing Romantic Love?

Conference Presentations

Bode, A., Greenhill, S.J., Hendershott, R., & Balolia, K.L. (2026, 2-4 April) Strong Evidence for the Sequential Evolution of Social Monogamy, Territoriality, and Paternal Care in the *Homo Sapiens* Lineage. Presentation at the 2026 Human Behavior and Evolution Society Conference, Rabat.

Bode, A., Greenhill, S.J., Hendershott, R., & Balolia, K.L. (2026, 2-4 April) Strong Evidence for the Sequential Evolution of Social Monogamy, Territoriality, and Paternal Care in the *Homo Sapiens* Lineage. Presentation at the 2026 NEEPS Conference, Pittsburgh/Online.

Bode, A., Greenhill, S.J., Hendershott, R., & Balolia, K.L. (2025, 10-12 December) Strong Evidence for the Sequential Evolution of Social Monogamy, Territoriality, and Paternal Care in the *Homo Sapiens* Lineage. Presentation at the 38th Annual Conference of the Australasian Society for Human Biology, Auckland.

Bode, A., Luoto, S., & Kavanagh, P.S. (2025, 14-16 March). Sex Differences in Romantic Love: An Evolutionary Perspective. Presentation at the Second Conference on Love Studies, Online.

Bode, A., Luoto, S., & Kavanagh, P.S. (2024, 4-6 December). Sex Differences in Romantic Love: An Evolutionary Perspective. Presentation at the Australasian Evolution Society Conference, Perth.

Bode, A., Luoto, S., & Kavanagh, P.S. (2024, 4 December). Sex Differences in Romantic Love: An Evolutionary Perspective. Presentation at the 2024 EPinOZ, Sydney/ Online.

Bode, A., Luoto, S., & Kavanagh, P.S. (2024, 25-27 November). Sex Differences in Romantic Love: An Evolutionary Perspective. Presentation at the Australasian Society for Human Biology 2024 Conference, Online.

Bode, A. & Kavanagh, P.S. (2024, 27-28 June). Sex Differences in Romantic Love: An Evolutionary Perspective. Presentation at the 3rd Joint Conference on Evolutionary Biology, Online.

Bode, A. & Kavanagh, P. S. (2024, 3-6 January). Phenotypes of Romantic Love. Presentation at the Conference on Love Studies, Gran Canaria/ Online.

- Bode, A.** & Kavanagh, P. S. (2023, 11-13 December). Are There Different Phenotypes of Romantic Love? Presentation at the 37th Annual Conference of the Australasian Society for Human Biology, Brisbane.
- Bode, A.** (2023, 1-4 June). Romantic Love Evolved by Co-opting Mother-infant Bonding. Presentation at the Evolution 2023 Conference, Albuquerque/ Online.
- Bode, A.**, & Kavanagh, P. S. (2023, 20-23 April). Biological Sex and Romantic Love Among Partnered, English-speaking, Young Adults in the First Two Years of Being In Love: A Bottom-up Evolutionary Approach. Presentation at the NorthEastern Evolutionary Psychology Society Conference, New Paltz/ Online.
- Bode, A.** (2022, 14-16 December). Romantic Love Evolved by Co-opting Mother-infant Bonding: Introducing a New Model. Presentation at the Australasian Evolution Society Conference, Canberra.
- Bode, A.** (2022, 12-14 December). Psychological and Biological Evidence Suggests that Romantic Love Evolved by Co-opting Mother-infant Bonding. Presentation at the Australasian Society for Human Biology Conference, Sydney/ Online.
- Bode, A.** (2022, 25 November). The Theory of Co-opting Mother-infant Bonding Explains the Mechanisms of Romantic Love. Presentation at EPinOZ, Sydney/ Online.
- Bode, A.**, Berry, H. L., & Kelly, B. (2009, 1-4 December). Patterns and Correlates of Drinking and Smoking in a Rural Sample Reporting Very Low Levels of Psychological Distress. Presentation at the Australian Society for Psychiatric Research Annual Conference, Canberra.

Other Conference Activities

Session Chair

7 March 2026

Love and Family Dynamics

The 3rd International Conference on Love and Relationship Studies

Symposium Presentations

* = Student co-author; # = Co-author presenter

Lewis, T.*# & **Bode, A.** (2025, 31 October). Love Under the Influence: Increased Substance Use Since Falling In Love Negatively Predicts Commitment. Presentation at the 2025 loveresearch.info Symposium, Online.

Bode, A., Koppel., S., Kowal., M., & Kavanagh, P.S. (2025, 31 October). Predictors of Self-reported Riskier Driving Among Young Adults Experiencing Romantic Love. Presentation at the 2025 loveresearch.info Symposium, Online.

Kowal, M., Scheller, M., Łakomy, K.,# Muzek, F., Tolboom, B., . . . **Bode, A.** (2025, 31 October). The Quality of Love: Review of Passionate Love Scale. Presentation at the 2025 loveresearch.info Symposium, Online.

Bode, A., Luoto, S., Kowal, M., Cannas Aghedu, F.#, & Kavanagh, P.S. (2024, 25 October). Sexual Orientation and Romantic Love. Presentation at the 2024 loveresearch.info Symposium, Online.

Wherret, J.*# & **Bode, A.** (2024, 25 October). Love, Health, and Harmony: The Link Between Health Domains and Relationship Satisfaction in Young Adults Experiencing Romantic Love. Presentation at the 2024 loveresearch.info Symposium, Online.

Bode, A., Kowal, M., Cannas Aghedu, F. & Kavanagh, P. S. (2024, 25 October). SSRI Use is not Associated with the Intensity of Romantic Love, Obsessive Thinking About a Loved One, Commitment, or Sexual Frequency in Young Adults Experiencing Romantic Love. Presentation at the 2024 loveresearch.info Symposium, Online.

Bode, A., Kowal, M., & Kavanagh, P. S. (2023, 27 October). Time in Love, but not Relationship Duration, Predicts Commitment in Young Adults Experiencing Romantic Love. Presentation at the 2023 loveresearch.info Symposium, Online.

Longo, K.#, **Bode, A.**, Kavanagh, P. S., & Geher, G. (2023, 27 October). Factors Associated With Unequal Romantic Love Relationships in Young Adults. Presentation at the 2023 loveresearch.info Symposium, Online.

Bode, A., Kowal, M., Cannas Aghedu, F.#, & Kavanagh, P. S. (2023, 27 October). Relationship Duration, Intensity of Romantic Love, Commitment, and Elevated Mood Do Not Predict Sexual Frequency Among Young Adults in the First Two Years of Romantic Love. *Journal of Sex Research*. Presentation at the 2023 loveresearch.info Symposium, Online.

Bode, A. (2022, 7 October). A New Evolutionary Model Explains the Mechanisms of Romantic Love. Presentation at the 2022 loveresearch.info 2022 Symposium, Online.

Poster Presentations

Bode, A. & Kavanagh, P. S. (2024, 1-2 February). A Cluster Analytic Study of Partnered Young Adults in the First Two Years of Romantic Love. Poster presented at the ANU School of Archaeology and Anthropology 50th Anniversary Conference, Canberra.

Bode, A., Berry, H. L., Kelly, B., Coleman, C., & Stain, H. J. (2008, 3-5 December). Alcohol, Tobacco, and Mental Health in a Rural Sample. Poster presented at the Australasian Society for Psychiatric Research Annual Conference, Newcastle.

Datasets

Bode, A. & Kavanagh, P. S. (2022). *Romantic Love Survey 2022*. Retrieved from: <https://doi.org/10.15139/S3/WBVMFG>

Research Experience

Research Assistant Implementing Expanding Naloxone in the ACT Evaluation	2014
Grant Writer (Sole Trader) Australian Institute for Aboriginal and Torres Strait Islander Studies	2012
Research Officer Australian National Council on Drugs	2009-2011

Research Assistant 2008-2010
National Centre for Epidemiology and Population Health
Australian National University

Survey Interviewer 2007-2010
National Drug and Alcohol Research Centre
University of New South Wales

Theses

PhD thesis (Anthropology) 2025
Australian National University
Title: Darwin's Lovers: Evolutionary Perspectives on Romantic Love
Supervisor: Assoc Prof Phillip S. Kavanagh (University of Canberra)

Honours thesis (Psychology) 2009
Australian National University
Title: Drinking, Smoking, and Mental Health in a Rural Sample Reporting Very Low Levels of Psychological Distress
Supervisor: Prof Helen E. Berry

Editorial Roles

Guest Editor Assistant Behavioral Sciences 2023-2024
Advances in the Science of Mating, Love, and Attachment in Romantic Relationships

Reviewer Roles

Journals: Anthropological Review; Archives of Sexual Behavior; Behavioral Sleep Medicine; Biological Psychology; BMC Psychology; Cognition and Emotion; Contemporary Family Therapy; Discovery Psychology; European Journal of Personality; Evolution and Human Behavior; F1000Research; Heliyon; Human Nature; International Journal of Environmental Research and Public Health; International Journal of Prisoner Health; International Journal of Wellbeing; Journal of Family Psychology; Journal of Men's Health; Journal of Sex and Marital Therapy; Journal of Social and Personal Relationships; New Ideas in Psychology; Personal Relationships; Personality and Individual Differences; Phenomenology and the Cognitive Sciences; PLOS One

Books: Oxford Handbook of Evolutionary Psychology

Honours Theses (Marking): Federation University Australia x 14

Lectures

Teaching Institute of Love Studies (Online) Promises and Pitfalls in Measurements of Love 7 January 2024

Invited Talks

8 perspectives sur l'amour passionné (presentation given in French) 21 May 2024
Université de Nîmes

Invited Lab Presentations

Relationships Lab (Online) 28 June 2024
Radboud University

Interpersonal Relationships Lab (Online) 24 April 2024
Victoria University of Wellington

Relationships Lab (Online) 25 March 2024
Utrecht University

Attraction and Relationships Research Laboratory (Online) 25 May 2022
University of California, Davis

Laboratory for Comparative Neurobiology of Monogamy (Online) 24 February 2022
University of California, Davis

External Supervision (Honours)

Supervisor Do Features of Romantic Love Predict Self-perceived 2025
 Honours (Psychology) Mate Value in Young Adults? (2A)
Federation University Australia

Supervisor Does Behavioural Activation System Sensitivity to a 2025
 Honours (Psychology) Loved One Predict Hypomanic-like Features in Young
Federation University Australia Adults Experiencing Romantic Love? (1)

Supervisor Does Increased Substance Use Since Falling "In Love" 2025
 Honours (Psychology) Predict Commitment in Young Adults? (2A)
Federation University Australia

Supervisor Does Big-5 Personality Predict Sexual Frequency in 2025
 Honours (Psychology) Young Adults Experiencing Romantic Love? (1)
Federation University Australia

Supervisor Do Features of Romantic Love Predict Health-related 2025
 Honours (Psychology) Quality of Life in Young Adults? (Discontinued)
Federation University Australia

Supervisor Does Big-5 Personality Predict Hypomanic-like 2025
 Honours (Psychology) Features in Young Adults Experiencing Romantic
Federation University Australia Love? (2A)

Supervisor Romantic Love Predictors of Relationship 2024-2025
 Honours (Psychology) Satisfaction in Young Adults Experiencing Romantic
Federation University Australia Love (1)

Supervisor Honours (Psychology) <i>Federation University Australia</i>	Predictors of Commitment in Young Adults Experiencing Romantic Love: Relationship Duration, Time in Love, and Reciprocated Love (2B)	2024-2025
Supervisor Honours (Psychology) <i>Federation University Australia</i>	Romantic Love Predictors of Subjective Partner Mate Value in Young Adults Experiencing Romantic Love (1)	2024-2025
Supervisor Honours (Psychology) <i>Federation University Australia</i>	Romantic Love Predictors of Hypomanic-like Features in Young Adults Experiencing Romantic Love (2A)	2024
Supervisor Honours (Psychology) <i>Federation University Australia</i>	Love, Health, and Harmony: The Link Between Health Domains and Relationship Satisfaction in Young Adults Experiencing Romantic Love (2A)	2024
Supervisor Honours (Psychology) <i>Federation University Australia</i>	Young Adults in Romantic Love: Hypomanic-like Features and Sexual Frequency are Associated with Obsessive Thinking about a Loved One (1)	2024

External Professional Service

Member Global Ambassadors Steering Committee <i>The Love Consortium</i>	2026 - Present
Member Global Ambassadors Committee <i>The Love Consortium</i>	2025-Present
Advisory Board Member Conference on Love Studies <i>International Institute of Love Studies</i>	2024-2026
Founder & Administrator loveresearch.info	2021-Present
<ul style="list-style-type: none"> • Website creation and maintenance • Monthly email update • Symposia organiser (2022-2025) • Microgrant adjudicator 	

Software Experience

AMOS; BayesTraits; Covidence; PROCESS; Qualtrics; R (Lavaan); SPSS; SurveyMonkey

Achievements

Journal issue cover article <i>Behavioral Sciences v13(11)</i>	2023
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3rd place Student Podium Prize	2022
<i>Australasian Society for Human Biology Conference</i>	
Invitation to contribute to Rising Stars in Evolutionary Psychology 2022	2022
<i>Frontiers in Psychology: Evolutionary Psychology</i>	

Top Altmetrics Scores

788	Bode, A., & Kavanagh, P. S. (2023). Romantic Love and Behavioral Activation System Sensitivity to a Loved One. <i>Behavioral Sciences</i> , 13(11). doi:10.3390/bs13110921
266	Bode, A., Luoto, S., & Kavanagh, P. S. (2025). Sex Differences in Romantic Love: An Evolutionary Perspective. <i>Biology of Sex Differences</i> , 16(1), 16. doi:10.1186/s13293-025-00698-4
184	Bode, A., & Kushnick, G. (2021). Proximate and Ultimate Perspectives on Romantic Love. <i>Frontiers in Psychology</i> , 12(1088). doi:10.3389/fpsyg.2021.573123

University Media Releases

Couples who meet online less happy in love, study shows	11 August 2025
<i>Australian National University</i>	
Fools of love: Men fall faster than women, study shows	15 April 2025
<i>Australian National University</i>	
Hot, heavy love: If you're having that much sex, you might be a "libidinous" lover, according to science	28 February 2025
<i>Australian National University</i>	
Love scrambles the brain and scientists can now tell us why	09 January 2024
<i>University of South Australia</i>	

Selected Media Appearances, Podcasts, or Coverage

New Scientist	What is love? Even a meeting on the subject can't find the answer	18 May 2026
The Dissenter	#1138 Adam Bode: The science of romantic love	19 August 2025
10 News+	Surprising downside to dating apps	12 August 2025
Triple J	The science of why we fall in love	17 April 2025
ABC Radio National	What we're learning about romantic love	29 January 2024
Guardian Australia	Love story: Australian researchers becoming world leaders in the study of romantic love	15 January 2024

Media Articles

Bode, A. (2025). What is Love? *Chalk*, Spring 2025.

Bode, A. (2011). What is Justice Reinvestment. *Of Substance: The National Magazine on Alcohol, Tobacco and Other Drugs*, 9(1), 14-15.

Science Outreach

#lovescience Communicator 2026-present

TikTok: @dradambode

Instagram: @dradambode

Invited Expert Forthcoming

Lab Notes on Love

Scientific American

Panel Member 29 March 2025

Love (and Other Heart Conditions)

World Science Festival - Brisbane

Paid Consultancies and Advice

The Research Agency 2024

Certified Professional Development

Introduction to Genomic Technologies 2023

Johns Hopkins University

Collaborate Effectively for Professional Success 2023

IBM

Crowdfunding 2023

University of Pennsylvania

Fundamental Neuroscience for Neuroimaging 2023

Johns Hopkins University

New Supervisor 2018

Australian Institute of Management

Professional Memberships

Australasian Evolution Society

Australasian Society for Human Behaviour and Evolution

Australasian Society for Human Biology

Human Behavior and Evolution Society

International Society for Human Ethology

Referees

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