

# Dr. Adam Bode PhD

## Curriculum Vitae

**Affiliation:** University Guest (Academic) at the Evolution Lab, Melbourne School of Psychological Sciences, University of Melbourne

**Personal Address:** xxx

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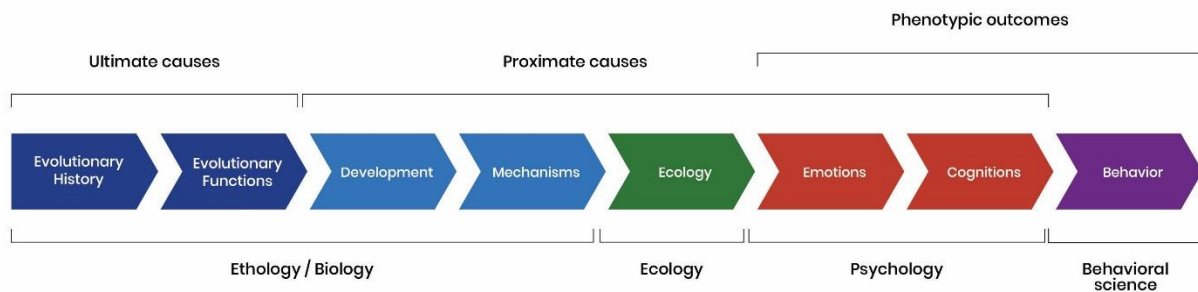
**Languages:** English (Native), French (B1)

**H-Index (Scopus):** 7

## Research Statement

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I am an interdisciplinary researcher specialising in love and bonds. My research uses an "Eight Perspectives" framework integrating ethology, ecology, psychology, and behavioural science. I have proposed that romantic love evolved by co-opting mother-infant bonding — a testable alternative to prevailing models that informs the partial basis for an invited target article for *Evolution and Human Behavior* and an invited contribution to a Royal Society Meeting and Special Issue in *Philosophical Transactions of the Royal Society B*. I have published 22 peer-reviewed articles (10 as first author) and 5 commentaries (all first author), plus one book chapter. My H-index is 7 (Scopus). My research priorities are the psychology and behaviour of maternal and romantic love, the evolution of romantic love, love and health, families, and improving the science of love.



## Academic Appointments

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**Sessional Academic (Psychology)**

Institute of Health and Wellbeing  
*Federation University Australia*

2024-2025

**Visiting Fellow**

Centre for Research and Action in Public Health  
*University of Canberra*

2010

## Academic Affiliations

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**University Guest (Academic)** 2026-Present  
 Evolution Lab, Melbourne School of Psychological Sciences  
*University of Melbourne*

## Royal Society Meetings

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<b>Theo Murphy Discussion Meeting</b> Love, Actually and in Theory: Towards a Robust Science of Love <i>The Royal Society</i>	Obsessive Thinking About a Loved One in Romantic Love: Eight Perspectives	5-6 May 2026
<b>Invited Contribution to Special Issue</b> <i>Philosophical Transactions of the Royal Society B: Biological Sciences</i>	Obsessive Thinking About a Loved One in Romantic Love: An Eight Perspectives Approach	In preparation

## Grant Applications in Development

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<b>Principal Investigator</b> Love, Virtue, and Health: A Comparative Study of Maternal and Romantic Love <i>John Templeton Foundation</i>	Requested funding ≈ AU\$390,000 over three years	Anticipated OFI submission July 2026
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## Funding and Scholarships (Total ≈ AU\$284,000)

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<b>Australian Government Research Training Program Stipend Scholarship</b> <i>Australian Government</i>	≈ AU\$146,000	2021-2024
<b>Australian Government Research Training Program Scholarship</b> <i>Australian Government</i>	≈ AU\$138,000	2020-2025

## Travel and Research Support (Total ≈ AU\$15,190)

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<b>Cost of Travel and Accommodation</b> <i>University of Nîmes</i>	≈ AU\$1,400	2026
<b>Article Processing Charge Waiver</b> <i>Frontiers in Psychology</i>	≈ AU\$5,015	2026
<b>Cost of attending Meeting</b> <i>The Royal Society</i>	≈ AU\$4,550	2026
<b>Travel Grant</b> <i>Australasian Society for Human Biology</i>	AU\$250	2025

<b>Travel Grant</b> <i>Australasian Evolution Society</i>	AU\$300	2024
<b>Article Processing Charge Waiver</b> <i>Behavioral Sciences</i>	≈ AU\$3,675	2023

## Research-supporting Ventures

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<b>Founder</b> <i>Love Insight</i>	Science-communication venture providing personalised reports based on validated love research instruments	2026-Present
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## Education

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<b>PhD (Anthropology)</b> <i>Australian National University</i>		2025
<b>Bachelor of Laws</b> <i>Australian National University</i>		2011
<b>Bachelor of Psychology (Honours)</b> <i>Australian National University</i>		2009

## Peer Reviewed Journal Articles

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- Kowal, M., Sorokowski, P., Roberts, S. C., Małecki, W. P., Misiak, M., . . . **Bode, A.**, . . . Zumárraga-Espinosa, M. (In press). Higher Individualism Predicts Lower Intensity of Experienced Love: Data from 91 Countries. *Philosophical Transactions of the Royal Society B: Biological Sciences*.
- Bode, A.**, Luoto, S., Kowal, M., & Aghedu, F. C. (2026). Romantic Love and Sexual Frequency. *Current Sexual Health Reports*, 18(1), 8. doi:10.1007/s11930-026-00422-2
- Kowal, M., & **Bode, A.** (2026). Love Is Not Blind: It May Be Indifferent to Partners' Flaws, Unless It Involves Cheating or Aggression. *Archives of Sexual Behavior*. doi:10.1007/s10508-026-03428-y
- Kowal, M., & **Bode, A.** (2026). The Role of Big Five Personality Traits in Early-Stage Love. *Journal of Individual Differences*, 47(1), 52-62. doi:10.1027/1614-0001/a000457
- Kowal, M., Sorokowski, P., **Bode, A.**, Misiak, M., Malecki, W. P., Sorokowska, A., & Roberts, S. C. (2025). Meeting Partners Online is Related to Lower Relationship Satisfaction and Love: Data from 50 Countries. *Telematics and Informatics*, 101, 102309. doi:https://doi.org/10.1016/j.tele.2025.102309
- Kowal, M., Sorokowski, P., GJoneska, B., Pisanski, K., Pfuhl, G., Aguilar, L., . . . **Bode, A.**, . . . Prazeres, F. (2025). Cross-cultural data on romantic love and mate preferences from 117,293 participants across 175 countries. *Scientific Data*, 12(1), 1103. doi:10.1038/s41597-025-05365-2

- Sorokowski, P., Butovskaya, M., Groyecka-Bernard, A., Huanca, T., Kumar, A., Manral, U., . . . **Bode, A.**, . . . Kowal, M. (2025). Love as a Universal Phenomenon: Data from Nine Non-WEIRD Societies. *International Journal of Intercultural Relations*, 108, 102211. doi:https://doi.org/10.1016/j.ijintrel.2025.102211
- Pfuhl, G., Prazeres, F., Kowal, M., Aavik, T., Abad-Villaverde, B., Afhami, R., . . . **Bode, A.**, . . . Sorokowski, P. (2025). A Preliminary Study on the Role of Personal History of Infectious and Parasitic Diseases on Self-reported Health Across Countries. *Public Health*, 242, 220-227. doi:https://doi.org/10.1016/j.puhe.2025.02.030
- Bode, A.**, & Kavanagh, P. S. (2025). Variation Exists in the Expression of Romantic Love: A Cluster Analytic Study of Young Adults Experiencing Romantic Love. *Personality and Individual Differences*, 239, 113108. doi:https://doi.org/10.1016/j.paid.2025.113108
- Bode, A.**, Luoto, S., & Kavanagh, P. S. (2025). Sex Differences in Romantic Love: An Evolutionary Perspective. *Biology of Sex Differences*, 16(1), 16. doi:10.1186/s13293-025-00698-4
- Bode, A.**, Kowal, M., Cannas Aghedu, F., & Kavanagh, P. S. (2025). SSRI Use is not Associated with the Intensity of Romantic Love, Obsessive Thinking About a Loved One, Commitment, or Sexual Frequency in a Sample of Young Adults Experiencing Romantic Love. *Journal of Affective Disorders*, 375, 472-477. doi:10.1016/j.jad.2025.01.103
- Kowal, M., **Bode, A.**, Koszałkowska, K., Roberts, S. C., Gjoneska, B., Frederick, D., . . . Sorokowski, P. (2024). Love as a Commitment Device: Evidence from a Cross-cultural Study across 90 Countries. *Human Nature*. doi:10.1007/s12110-024-09482-6
- Bode, A.**, Kowal, M., Cannas Aghedu, F., & Kavanagh, P. S. (2024). Romantic Love and Sexual Frequency: Challenging Beliefs. *Journal of Sex & Marital Therapy*, 1-12. doi:10.1080/0092623X.2024.2394670
- Kowal, M., Sorokowski, P., Dinić, B. M., Pisanski, K., Gjoneska, B., Federick, D.A., . . . **Bode, A.** . . . Sternberg, R. J. (2024). Validation of the Short Version (TLS-15) of the Triangular Love Scale (TLS-45) across 37 Languages. *Archives of Sexual Behavior*. doi:10.1007/s10508-023-02702-7
- Bode, A.**, & Kavanagh, P. S. (2023). Romantic Love and Behavioral Activation System Sensitivity to a Loved One. *Behavioral Sciences*, 13(11). doi:10.3390/bs13110921
- Bode, A.** (2023). Romantic Love Evolved by Co-opting Mother-infant Bonding. *Frontiers in Psychology*, 14. doi:10.3389/fpsyg.2023.1176067
- Bode, A.**, & Kowal, M. (2023). Toward Consistent Reporting of Sample Characteristics in Studies Investigating the Biological Mechanisms of Romantic Love. *Frontiers in Psychology*, 14. doi:10.3389/fpsyg.2023.983419
- Bode, A.**, & Kuula, L. (2021). Romantic Love and Sleep Variations: Potential Proximate Mechanisms and Evolutionary Functions. *Biology*, 10(9). doi:10.3390/biology10090923
- Bode, A.**, & Kushnick, G. (2021). Proximate and Ultimate Perspectives on Romantic Love. *Frontiers in Psychology*, 12(1088). doi:10.3389/fpsyg.2021.573123
- Dolan, K., Rodas, A., & **Bode, A.** (2015). Drug and Alcohol Use and Treatment for Australian Indigenous and Non-Indigenous Prisoners: Demand Reduction Strategies. *International Journal of Prisoner Health*, 11(1), 30-38. doi:10.1108/IJPH-02-2014-0005

- Hogan, A., **Bode, A.**, & Berry, H. (2011). Farmer Health and Adaptive Capacity in the Face of Climate Change and Variability. Part 2: Contexts, Personal Attributes and Behaviors. *International Journal of Environmental Research and Public Health*, 8(10). doi:10.3390/ijerph8104055
- Hogan, A., Berry, H. L., Ng, S. P., & **Bode, A.** (2011). Decisions Made by Farmers That Relate to Climate Change. *Agricultural Science*, 23(1), 36-39. doi:10.3316/informit.977617084152339

## Manuscripts Submitted and Under Review

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\* = Student co-author

- Bode, A.** & Kowal, M. (Under revision). An “Eight Perspectives” Approach to Describe Complex Psychobehavioral Phenomena. *Frontiers in Psychology*.
- Uhlich, M., Kowal, M., Lamarche, V., **Bode, A.**, Silan, M., & Kanth, B. (Submitted). Development of the Relational Embeddedness Scale (RES): A Culturally Grounded Measure of Socio-Familial Embeddedness of Marriage in Collectivistic Contexts. *Journal of Family Studies*.
- Bode, A.**, Kowal, M., Kuula, L., & Kavanagh, P. S. (Submitted). Predictors of Self-reported Need for Less Sleep Among Partnered Young Adults in the First Two Years of Romantic Love. *Psychological Reports*.
- Larkin, G.\* & **Bode, A.** (Submitted). Big-5 Personality is Not a Meaningful Predictor of Sexual Frequency in Young Adults Experiencing Romantic Love. *Journal of Sex and Marital Therapy*.
- Bode, A.** & Kowal, M. (Under review). Correlates of First Romantic Love Episode in Young Adults. *Emerging Adulthood*.
- Felesina, T., & **Bode, A.** (Under revision). Romantic Love as Regulatory Co-option of Maternal-Bonding Circuitry: A Testable Genetic Account. *Frontiers in Behavioral Neuroscience*.
- Bode, A.**, Koppel, S., Kowal, M., & Kavanagh, P. S. (Submitted). Predictors of Self-reported Riskier Driving Among Young Adults Experiencing Romantic Love. *Current Psychology*.
- Algoe, S.B., Karremans, J.C., & **The Love Consortium Global Advisors** (Under review). Globalizing the Science of Love and Social Connection. *Current Directions in Psychological Science*.

## Book Chapters

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- Bode, A.**, Kavanagh, P. S., & Kowal, M. (2025). Using an Evolutionary Approach to Study Romantic Love. In C.-H. Mayer & E. Vanderheiden (Eds.), *International Handbook of Love: Transcultural and Transdisciplinary Perspectives* (pp. 1-19). Cham: Springer Nature Switzerland.

## Opinions, Commentaries, and Letters to the Editor

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- Bode, A.** (Accepted). Misuse of the Term “Romantic Love.” *Human Nature*.
- Bode, A.** (2026). Use of the term “romantic love” in the evolutionary social and behavioral sciences. *Frontiers in Psychology, Volume 17 - 2026*. <https://doi.org/10.3389/fpsyg.2026.1716892>

**Bode, A.** (2026). We Already Know a Bit About the Evolution of Love.... *American Journal of Biological Anthropology*, 189(1), e70201. doi:<https://doi.org/10.1002/ajpa.70201>

**Bode, A.** (2025). The Science of Love is Not Quite There.... *mSystems*, 0(0), e01189-01125. doi:10.1128/msystems.01189-25

**Bode, A.,** & Kowal, M. (2025). We Know More and Less About Love: A Comment on Babková and Repiská (2025). *Frontiers in Behavioral Neuroscience*, Volume 19 - 2025. doi:10.3389/fnbeh.2025.1602582

## Commissioned Reports

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Hogan, A., Berry, H. L., Ng, S. P., & **Bode, A.** (2011). Decisions Made by Farmers that Relate to Climate Change. Canberra, Australia. Report commissioned by the Rural Industries Research and Development Corporation.

Rodas, A., **Bode, A.,** & Dolan, K. (2011). Supply, Demand, and Harm Reduction Strategies in Australian Prisons: An Update. Civic Square, Australia. Report commissioned by the Australian National Council on Drugs.

Berry, H.L., **Bode, A.,** & Capon, T (2011). 'Mental Health in Australia's Million-plus Cities: Social Environments, Physical Environments and Psychological Dynamics.' Australian Government Department of Families, Housing, Community Services and Indigenous Affairs (FaHCSIA) Social Policy Research Services Grant, FCH 2007/03e (Unpublished report).

## Selected Manuscripts in Preparation

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\* = Student co-author

**Bode, A.** & Naragon-Gainey, K. (In preparation). Features of Romantic Love Predict Health-related Quality of Life in an International Sample.

Kowal, M., Uhlich, M., Scheller, M., & **Bode, A.** (In preparation). Preliminary Investigations into Love in a Romantic Relationship and Sexual Frequency.

**Bode, A.,** Kowal, M., Brooks, R., & Blake, K. (In preparation). An Experiment to Investigate the Effect of Gender Equality on Love in Romantic Relationships.

**Bode, A.,** Luoto, S., Kowal, M., Cannas Aghedu, F., & Kavanagh, P.S. (In preparation). Sexual Orientation and Romantic Love.

Kowal, M., Coffey, J. K., Stern, J. A., & **Bode, A.,** (In preparation). Validation of the Maternal Love Scale.

**Bode, A.,** Luoto, S., Kowal, M., Al-Shawaf, L., Buss, D., Simpson, J., Dunbar, R., & Lieberman, D. (In preparation). The Evolution of Romantic and Companionate Love: Shared and Distinct Biology, Psychology, and Behavior. Invited target article to *Evolution and Human Behavior*.

**Bode, A.** & Langeslag, S.J.E. (In preparation). Obsessive Thinking About a Loved One in Romantic Love: Eight Perspectives. Invited contribution to a Royal Society Special Issue in Philosophical Transactions of the Royal Society B.

- Kowal, M., Scheller, M., Łakomy, K., Muzek, F., Langeslag, S.J.E. . . . **Bode, A.** (In preparation). Validation of the Short Version (PLS-5) of the Passionate Love Scale (PLS-30).
- Bode, A.**, Greenhill, S. J., Hendershott, R., & Balolia, K.L. (In preparation). Strong Evidence for the Sequential Evolution of Social Monogamy, Territoriality, and Paternal Care in the *Homo Sapiens* Lineage.
- Veitch, E.\* & **Bode, A.** (In preparation). Does Big-5 Personality Predict Hypomanic-like Features in Young Adults Experiencing Romantic Love?
- Blummer, B.\* & **Bode, A.** (In preparation). Romantic Love Predictors of Relationship Satisfaction in Young Adults Experiencing Romantic Love.
- Ye, Y.\* & **Bode, A.** (In preparation). Features of Romantic Love Predict Subjective Partner Mate Value in Young Adults.
- Ellis, S.\* & **Bode, A.** (In preparation). Does Behavioural Activation System Sensitivity to a Loved One Predict Hypomanic-like Features in Young Adults Experiencing Romantic Love?

## Conference Presentations

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- Bode, A.**, Greenhill, S.J., Hendershott, R., & Balolia, K.L. (2026, 2-4 April) Strong Evidence for the Sequential Evolution of Social Monogamy, Territoriality, and Paternal Care in the *Homo Sapiens* Lineage. Presentation at the 2026 NEEPS Conference, Pittsburgh/Online.
- Bode, A.**, Greenhill, S.J., Hendershott, R., & Balolia, K.L. (2025, 10-12 December) Strong Evidence for the Sequential Evolution of Social Monogamy, Territoriality, and Paternal Care in the *Homo Sapiens* Lineage. Presentation at the 38th Annual Conference of the Australasian Society for Human Biology, Auckland.
- Bode, A.**, Luoto, S., & Kavanagh, P.S. (2025, 14-16 March). Sex Differences in Romantic Love: An Evolutionary Perspective. Presentation at the Second Conference on Love Studies, Online.
- Bode, A.**, Luoto, S., & Kavanagh, P.S. (2024, 4-6 December). Sex Differences in Romantic Love: An Evolutionary Perspective. Presentation at the Australasian Evolution Society Conference, Perth.
- Bode, A.**, Luoto, S., & Kavanagh, P.S. (2024, 4 December). Sex Differences in Romantic Love: An Evolutionary Perspective. Presentation at the 2024 EPinOZ, Sydney/ Online.
- Bode, A.**, Luoto, S., & Kavanagh, P.S. (2024, 25-27 November). Sex Differences in Romantic Love: An Evolutionary Perspective. Presentation at the Australasian Society for Human Biology 2024 Conference, Online.
- Bode, A.** & Kavanagh, P.S. (2024, 27-28 June). Sex Differences in Romantic Love: An Evolutionary Perspective. Presentation at the 3<sup>rd</sup> Joint Conference on Evolutionary Biology, Online.
- Bode, A.** & Kavanagh, P. S. (2024, 3-6 January). Phenotypes of Romantic Love. Presentation at the Conference on Love Studies, Gran Canaria/ Online.
- Bode, A.** & Kavanagh, P. S. (2023, 11-13 December). Are There Different Phenotypes of Romantic Love? Presentation at the 37th Annual Conference of the Australasian Society for Human Biology, Brisbane.

- Bode, A.** (2023, 1-4 June). Romantic Love Evolved by Co-opting Mother-infant Bonding. Presentation at the Evolution 2023 Conference, Albuquerque/ Online.
- Bode, A.,** & Kavanagh, P. S. (2023, 20-23 April). Biological Sex and Romantic Love Among Partnered, English-speaking, Young Adults in the First Two Years of Being In Love: A Bottom-up Evolutionary Approach. Presentation at the NorthEastern Evolutionary Psychology Society Conference, New Paltz/ Online.
- Bode, A.** (2022, 14-16 December). Romantic Love Evolved by Co-opting Mother-infant Bonding: Introducing a New Model. Presentation at the Australasian Evolution Society Conference, Canberra.
- Bode, A.** (2022, 12-14 December). Psychological and Biological Evidence Suggests that Romantic Love Evolved by Co-opting Mother-infant Bonding. Presentation at the Australasian Society for Human Biology Conference, Sydney/ Online.
- Bode, A.** (2022, 25 November). The Theory of Co-opting Mother-infant Bonding Explains the Mechanisms of Romantic Love. Presentation at EPinOZ, Sydney/ Online.
- Bode, A.,** Berry, H. L., & Kelly, B. (2009, 1-4 December). Patterns and Correlates of Drinking and Smoking in a Rural Sample Reporting Very Low Levels of Psychological Distress. Presentation at the Australian Society for Psychiatric Research Annual Conference, Canberra.

## Other Conference Activities

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### Session Chair

7 March 2026

Love and Family Dynamics

*The 3rd International Conference on Love and Relationship Studies*

## Symposium Presentations

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\* = Student co-author; # = Co-author presenter

Lewis, T.\*# & **Bode, A.** (2025, 31 October). Love Under the Influence: Increased Substance Use Since Falling In Love Negatively Predicts Commitment. Presentation at the 2025 loveresearch.info Symposium, Online.

**Bode, A.,** Koppel, S., Kowal, M., & Kavanagh, P.S. (2025, 31 October). Predictors of Self-reported Riskier Driving Among Young Adults Experiencing Romantic Love. Presentation at the 2025 loveresearch.info Symposium, Online.

Kowal, M., Scheller, M., Łakomy, K.,# Muzek, F., Tolboom, B., . . . **Bode, A.** (2025, 31 October). The Quality of Love: Review of Passionate Love Scale. Presentation at the 2025 loveresearch.info Symposium, Online.

**Bode, A.,** Luoto, S., Kowal, M., Cannas Aghedu, F.#, & Kavanagh, P.S. (2024, 25 October). Sexual Orientation and Romantic Love. Presentation at the 2024 loveresearch.info Symposium, Online.

Wherret, J.\*# & **Bode, A.** (2024, 25 October). Love, Health, and Harmony: The Link Between Health Domains and Relationship Satisfaction in Young Adults Experiencing Romantic Love. Presentation at the 2024 loveresearch.info Symposium, Online.

- Bode, A.**, Kowal, M., Cannas Aghedu, F. & Kavanagh, P. S. (2024, 25 October). SSRI Use is not Associated with the Intensity of Romantic Love, Obsessive Thinking About a Loved One, Commitment, or Sexual Frequency in Young Adults Experiencing Romantic Love. Presentation at the 2024 loveresearch.info Symposium, Online.
- Bode, A.**, Kowal, M., & Kavanagh, P. S. (2023, 27 October). Time in Love, but not Relationship Duration, Predicts Commitment in Young Adults Experiencing Romantic Love. Presentation at the 2023 loveresearch.info Symposium, Online.
- Longo, K.#, **Bode, A.**, Kavanagh, P. S., & Geher, G. (2023, 27 October). Factors Associated With Unequal Romantic Love Relationships in Young Adults. Presentation at the 2023 loveresearch.info Symposium, Online.
- Bode, A.**, Kowal, M., Cannas Aghedu, F.#, & Kavanagh, P. S. (2023, 27 October). Relationship Duration, Intensity of Romantic Love, Commitment, and Elevated Mood Do Not Predict Sexual Frequency Among Young Adults in the First Two Years of Romantic Love. *Journal of Sex Research*. Presentation at the 2023 loveresearch.info Symposium, Online.
- Bode, A.** (2022, 7 October). A New Evolutionary Model Explains the Mechanisms of Romantic Love. Presentation at the 2022 loveresearch.info 2022 Symposium, Online.

## Poster Presentations

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- Bode, A.** & Kavanagh, P. S. (2024, 1-2 February). A Cluster Analytic Study of Partnered Young Adults in the First Two Years of Romantic Love. Poster presented at the ANU School of Archaeology and Anthropology 50<sup>th</sup> Anniversary Conference, Canberra.
- Bode, A.**, Berry, H. L., Kelly, B., Coleman, C., & Stain, H. J. (2008, 3-5 December). Alcohol, Tobacco, and Mental Health in a Rural Sample. Poster presented at the Australasian Society for Psychiatric Research Annual Conference, Newcastle.

## Datasets

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- Bode, A.** & Kavanagh, P. S. (2022). *Romantic Love Survey 2022*. Retrieved from: <https://doi.org/10.15139/S3/WBVMFG>

## Research Experience

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| <b>Research Assistant</b><br>Implementing Expanding Naloxone in the ACT Evaluation   | 2014      |
| <b>Grant Writer (Sole Trader)</b><br>Australian Institute for Aboriginal and Torres Strait Islander Studies                  | 2012      |
| <b>Research Officer</b><br>Australian National Council on Drugs  | 2009-2011 |
| <b>Research Assistant</b><br>National Centre for Epidemiology and Population Health<br><i>Australian National University</i> | 2008-2010 |

**Survey Interviewer**

2007-2010

National Drug and Alcohol Research Centre  
*University of New South Wales*

## Theses

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**PhD thesis (Anthropology)**

2025

*Australian National University*

Title: Darwin's Lovers: Evolutionary Perspectives on Romantic Love

Supervisor: Assoc Prof Phillip S. Kavanagh (University of Canberra)

**Honours thesis (Psychology)**

2009

*Australian National University*

Title: Drinking, Smoking, and Mental Health in a Rural Sample Reporting Very Low Levels of Psychological Distress

Supervisor: Prof Helen E. Berry

## Editorial Roles

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**Guest Editor Assistant**

Behavioral Sciences

2023-2024

*Advances in the Science of Mating, Love, and Attachment in Romantic Relationships*

## Reviewer Roles

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**Journals:** Anthropological Review; Archives of Sexual Behavior; Behavioral Sleep Medicine; Biological Psychology; BMC Psychology; Cognition and Emotion; Contemporary Family Therapy; Discovery Psychology; European Journal of Personality; Evolution and Human Behavior; F1000Research; Heliyon; Human Nature; International Journal of Environmental Research and Public Health; International Journal of Prisoner Health; International Journal of Wellbeing; Journal of Family Psychology; Journal of Men's Health; Journal of Sex and Marital Therapy; Journal of Social and Personal Relationships; New Ideas in Psychology; Personal Relationships; Personality and Individual Differences; Phenomenology and the Cognitive Sciences; PLOS One524

**Books:** Oxford Handbook of Evolutionary Psychology

**Honours Theses (Marking):** Federation University Australia x 14

## Lectures

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**Teaching Institute of Love Studies (Online)**

Promises and Pitfalls in Measurements of Love

7 January 2024

## Invited Talks

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<b>Relationships Lab (Online)</b> <i>Radboud University</i>	28 June 2024
<b>Interpersonal Relationships Lab (Online)</b> <i>Victoria University of Wellington</i>	24 April 2024
<b>Relationships Lab (Online)</b> <i>Utrecht University</i>	25 March 2024
<b>Attraction and Relationships Research Laboratory (Online)</b> <i>University of California, Davis</i>	25 May 2022
<b>Laboratory for Comparative Neurobiology of Monogamy (Online)</b> <i>University of California, Davis</i>	24 February 2022

## External Supervision (Honours)

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<b>Supervisor</b> Honours (Psychology) <i>Federation University Australia</i>	Do Features of Romantic Love Predict Self-perceived Mate Value in Young Adults? (2A)	2025
<b>Supervisor</b> Honours (Psychology) <i>Federation University Australia</i>	Does Behavioural Activation System Sensitivity to a Loved One Predict Hypomanic-like Features in Young Adults Experiencing Romantic Love? (1)	2025
<b>Supervisor</b> Honours (Psychology) <i>Federation University Australia</i>	Does Increased Substance Use Since Falling “In Love” Predict Commitment in Young Adults? (2A)	2025
<b>Supervisor</b> Honours (Psychology) <i>Federation University Australia</i>	Does Big-5 Personality Predict Sexual Frequency in Young Adults Experiencing Romantic Love? (1)	2025
<b>Supervisor</b> Honours (Psychology) <i>Federation University Australia</i>	Do Features of Romantic Love Predict Health-related Quality of Life in Young Adults? (Discontinued)	2025
<b>Supervisor</b> Honours (Psychology) <i>Federation University Australia</i>	Does Big-5 Personality Predict Hypomanic-like Features in Young Adults Experiencing Romantic Love? (2A)	2025
<b>Supervisor</b> Honours (Psychology) <i>Federation University Australia</i>	Romantic Love Predictors of Relationship Satisfaction in Young Adults Experiencing Romantic Love (1)	2024-2025
<b>Supervisor</b> Honours (Psychology) <i>Federation University Australia</i>	Predictors of Commitment in Young Adults Experiencing Romantic Love: Relationship Duration, Time in Love, and Reciprocated Love (2B)	2024-2025
<b>Supervisor</b> Honours (Psychology) <i>Federation University Australia</i>	Romantic Love Predictors of Subjective Partner Mate Value in Young Adults Experiencing Romantic Love (1)	2024-2025

<b>Supervisor</b> Honours (Psychology) <i>Federation University Australia</i>	Romantic Love Predictors of Hypomanic-like Features in Young Adults Experiencing Romantic Love (2A)	2024
<b>Supervisor</b> Honours (Psychology) <i>Federation University Australia</i>	Love, Health, and Harmony: The Link Between Health Domains and Relationship Satisfaction in Young Adults Experiencing Romantic Love (2A)	2024
<b>Supervisor</b> Honours (Psychology) <i>Federation University Australia</i>	Young Adults in Romantic Love: Hypomanic-like features and Sexual Frequency are Associated with Obsessive Thinking about a Loved One (1)	2024

## External Professional Service

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<b>Member</b> Global Ambassadors Steering Committee <i>The Love Consortium</i>	2026 - Present
<b>Member</b> Global Ambassadors Committee <i>The Love Consortium</i>	2025-Present
<b>Advisory Board Member</b> Conference on Love Studies <i>International Institute of Love Studies</i>	2024-2026
<b>Founder &amp; Administrator</b> <a href="http://loveresearch.info">loveresearch.info</a>	2021-Present
<ul style="list-style-type: none"> <li>• Website creation and maintenance</li> <li>• Monthly email update</li> <li>• Symposia organiser (2022-2025)</li> <li>• Microgrant adjudicator</li> </ul>	

## Software Experience

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AMOS; BayesTraits; Covidence; PROCESS; Qualtrics; R (Lavaan); SPSS; SurveyMonkey

<b><a href="#">Journal issue cover article</a></b> <i>Behavioral Sciences v13(11)</i>	2023
<b>3rd place Student Podium Prize</b> <i>Australasian Society for Human Biology Conference</i>	2022
<b>Invitation to contribute to Rising Stars in Evolutionary Psychology 2022</b> <i>Frontiers in Psychology: Evolutionary Psychology</i>	2022

## Top Altmetrics Scores

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- 788** Bode, A., & Kavanagh, P. S. (2023). Romantic Love and Behavioral Activation System Sensitivity to a Loved One. *Behavioral Sciences*, 13(11). doi:10.3390/bs13110921
- 266** Bode, A., Luoto, S., & Kavanagh, P. S. (2025). Sex Differences in Romantic Love: An Evolutionary Perspective. *Biology of Sex Differences*, 16(1), 16. doi:10.1186/s13293-025-00698-4
- 184** Bode, A., & Kushnick, G. (2021). Proximate and Ultimate Perspectives on Romantic Love. *Frontiers in Psychology*, 12(1088). doi:10.3389/fpsyg.2021.573123

## University Media Releases

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- Couples who meet online less happy in love, study shows** 11 August 2025  
*Australian National University*
- Fools of love: Men fall faster than women, study shows** 15 April 2025  
*Australian National University*
- Hot, heavy love: If you're having that much sex, you might be a "libidinous" lover, according to science** 28 February 2025  
*Australian National University*
- Love scrambles the brain and scientists can now tell us why** 09 January 2024  
*University of South Australia*

## Selected Media Appearances, Podcasts, or Coverage

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- The Dissenter [#1138 Adam Bode: The science of romantic love](#) 19 August 2025
- 10 News+ [Surprising downside to dating apps](#) 12 August 2025
- Triple J [The science of why we fall in love](#) 17 April 2025
- ABC Radio National [What we're learning about romantic love](#) 29 January 2024
- Guardian Australia [Love story: Australian researchers becoming world leaders in the study of romantic love](#) 15 January 2024

## Media Articles

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- Bode, A.** (2025). What is Love? *Chalk*, Spring 2025.
- Bode, A.** (2011). What is Justice Reinvestment. *Of Substance: The National Magazine on Alcohol, Tobacco and Other Drugs*, 9(1), 14-15.

## Science Outreach

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- Content Creator** 2026-present  
#lovescience  
TikTok: @dradambode

*Instagram: @dradambode*

**Invited Expert**

Lab Notes on Love  
*Scientific American*

Forthcoming

**Panel Member**

Love (and Other Heart Conditions)  
*World Science Festival - Brisbane*

29 March 2025

## **Paid Consultancies and Advice**

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The Research Agency

2024

## **Certified Professional Development**

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**Introduction to Genomic Technologies**

*Johns Hopkins University*

2023

**Collaborate Effectively for Professional Success**

*IBM*

2023

**Crowdfunding**

*University of Pennsylvania*

2023

**Fundamental Neuroscience for Neuroimaging**

*Johns Hopkins University*

2023

**New Supervisor**

*Australian Institute of Management*

2018

## **Professional Memberships**

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Australasian Evolution Society

Australasian Society for Human Behaviour and Evolution

Australasian Society for Human Biology

Human Behavior and Evolution Society

International Society for Human Ethology

## **Referees**

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**Assoc Prof Phil Kavanagh**

*University of Canberra*

PhD Supervisor,  
Collaborator

phil.kavanagh@canberra.edu.au

**Assoc Prof Marta Kowal**

*University of Wroclaw*

Collaborator

marta.kowal@uwr.edu.pl

**Assoc Prof Fabio Cannas Aghedu**  
*University of Nîmes*

Collaborator

fabio.cannas\_aghedu@unimes.fr