

Dr. Adam Bode PhD

Curriculum Vitae

Affiliation: Independent researcher.

Personal Address: 3/2 Serventy St, Wright ACT, Australia

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Phone: +61 401424710

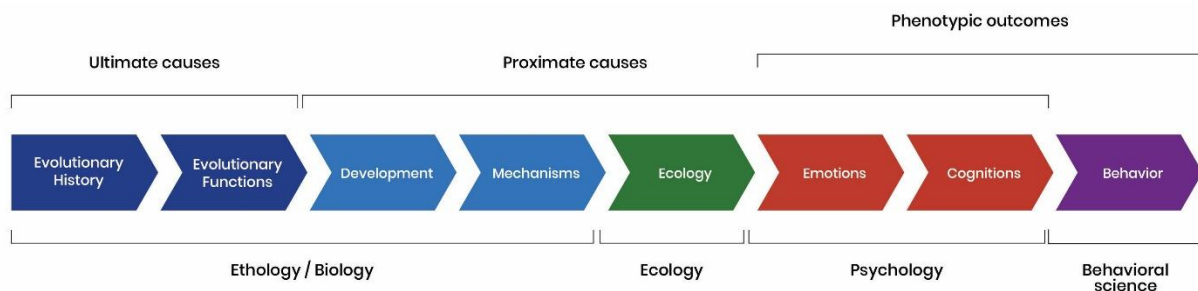
Website: adambode.com

Languages: English (Native), French (B1)

H-Index (Scopus): 7

Research Statement

I am an interdisciplinary researcher specialising in love, bonds, and attachments. My research uses an "eight perspectives" framework integrating ethology, ecology, psychology, and behavioural science. I have proposed that romantic love evolved by co-opting mother-infant bonding — a testable alternative to prevailing models that informs the partial basis for an invited target article for *Evolution and Human Behavior* and an invited contribution to a Royal Society Meeting and Special Issue in *Philosophical Transactions of the Royal Society B*. I have published 21 peer-reviewed articles (13 as first author; 70% in Q1 journals; H-index: 7), one book chapter, and four commentaries. My research priorities are the psychology of maternal and romantic love, the evolution of romantic love, love and health, families, and improving the science of love.



Academic Appointments

Sessional Academic

Institute of Health and Wellbeing
Federation University Australia

2024-2025

Visiting Fellow

Centre for Research and Action in Public Health
University of Canberra

2010

Commercial Ventures

Founder

Love Insight

Personalised love assessments utilising validated psychometric instruments from the peer-reviewed literature

2026-Present

Scholarships and Travel Grants (Total ≈ AU\$289,100)

Cost of attending Meeting <i>The Royal Society</i>	≈ AU\$ 4,550	2026
Travel Grant <i>Australasian Society for Human Biology</i>	AU\$250	2025
Travel Grant <i>Australasian Evolution Society</i>	AU\$300	2024
Australian Government Research Training Program Stipend Scholarship <i>Australian Government</i>	≈ AU\$146,000	2021-2024
Australian Government Research Training Program Scholarship <i>Australian Government</i>	≈ AU\$138,000	2020-2025

Education

PhD (Anthropology) <i>Australian National University</i>	2025
Bachelor of Laws <i>Australian National University</i>	2011
Bachelor of Psychology (Honours) <i>Australian National University</i>	2009

Peer Reviewed Journal Articles

- Bode, A.**, Luoto, S., Kowal, M., & Cannas Aghedu, F. (Accepted). Romantic Love and Sexual Frequency. *Current Sexual Health Reports*.
- Kowal, M. & **Bode, A.** (In press). Love is not Blind—It is Indifferent to Partners' Flaws, Unless it Involves Cheating or Aggression. *Archives of Sexual Behavior*.
- Kowal, M., & **Bode, A.** (2026). The Role of Big Five Personality Traits in Early-Stage Love. *Journal of Individual Differences*, 47(1), 52-62. doi:10.1027/1614-0001/a000457
- Kowal, M., Sorokowski, P., **Bode, A.**, Misiak, M., Malecki, W. P., Sorokowska, A., & Roberts, S. C. (2025). Meeting Partners Online is Related to Lower Relationship Satisfaction and Love: Data from 50 Countries. *Telematics and Informatics*, 101, 102309. doi:https://doi.org/10.1016/j.tele.2025.102309
- Kowal, M., Sorokowski, P., Gjoneska, B., Pisanski, K., Pfuhl, G., Aguilar, L., . . . **Bode, A.**, . . . Prazeres, F. (2025). Cross-cultural data on romantic love and mate preferences from 117,293 participants across 175 countries. *Scientific Data*, 12(1), 1103. doi:10.1038/s41597-025-05365-2

- Sorokowski, P., Butovskaya, M., Groyecka-Bernard, A., Huanca, T., Kumar, A., Manral, U., . . . **Bode, A.**, . . . Kowal, M. (2025). Love as a Universal Phenomenon: Data from Nine Non-WEIRD Societies. *International Journal of Intercultural Relations*, 108, 102211. doi:<https://doi.org/10.1016/j.ijintrel.2025.102211>
- Pfuhl, G., Prazeres, F., Kowal, M., Aavik, T., Abad-Villaverde, B., Afhami, R., . . . **Bode, A.**, . . . Sorokowski, P. (2025). A Preliminary Study on the Role of Personal History of Infectious and Parasitic Diseases on Self-reported Health Across Countries. *Public Health*, 242, 220-227. doi:<https://doi.org/10.1016/j.puhe.2025.02.030>
- Bode, A.**, & Kavanagh, P. S. (2025). Variation Exists in the Expression of Romantic Love: A Cluster Analytic Study of Young Adults Experiencing Romantic Love. *Personality and Individual Differences*, 239, 113108. doi:<https://doi.org/10.1016/j.paid.2025.113108>
- Bode, A.**, Luoto, S., & Kavanagh, P. S. (2025). Sex Differences in Romantic Love: An Evolutionary Perspective. *Biology of Sex Differences*, 16(1), 16. doi:10.1186/s13293-025-00698-4
- Bode, A.**, Kowal, M., Cannas Aghedu, F., & Kavanagh, P. S. (2025). SSRI Use is not Associated with the Intensity of Romantic Love, Obsessive Thinking About a Loved One, Commitment, or Sexual Frequency in a Sample of Young Adults Experiencing Romantic Love. *Journal of Affective Disorders*, 375, 472-477. doi:10.1016/j.jad.2025.01.103
- Kowal, M., **Bode, A.**, Koszałkowska, K., Roberts, S. C., Gjoneska, B., Frederick, D., . . . Sorokowski, P. (2024). Love as a Commitment Device: Evidence from a Cross-cultural Study across 90 Countries. *Human Nature*. doi:10.1007/s12110-024-09482-6
- Bode, A.**, Kowal, M., Cannas Aghedu, F., & Kavanagh, P. S. (2024). Romantic Love and Sexual Frequency: Challenging Beliefs. *Journal of Sex & Marital Therapy*, 1-12. doi:10.1080/0092623X.2024.2394670
- Kowal, M., Sorokowski, P., Dinić, B. M., Pisanski, K., Gjoneska, B., Federick, D.A., . . . **Bode, A.** . . . Sternberg, R. J. (2024). Validation of the Short Version (TLS-15) of the Triangular Love Scale (TLS-45) across 37 Languages. *Archives of Sexual Behavior*. doi:10.1007/s10508-023-02702-7
- Bode, A.**, & Kavanagh, P. S. (2023). Romantic Love and Behavioral Activation System Sensitivity to a Loved One. *Behavioral Sciences*, 13(11). doi:10.3390/bs13110921
- Bode, A.** (2023). Romantic Love Evolved by Co-opting Mother-infant Bonding. *Frontiers in Psychology*, 14. doi:10.3389/fpsyg.2023.1176067
- Bode, A.**, & Kowal, M. (2023). Toward Consistent Reporting of Sample Characteristics in Studies Investigating the Biological Mechanisms of Romantic Love. *Frontiers in Psychology*, 14. doi:10.3389/fpsyg.2023.983419
- Bode, A.**, & Kuula, L. (2021). Romantic Love and Sleep Variations: Potential Proximate Mechanisms and Evolutionary Functions. *Biology*, 10(9). doi:10.3390/biology10090923
- Bode, A.**, & Kushnick, G. (2021). Proximate and Ultimate Perspectives on Romantic Love. *Frontiers in Psychology*, 12(1088). doi:10.3389/fpsyg.2021.573123
- Dolan, K., Rodas, A., & **Bode, A.** (2015). Drug and Alcohol Use and Treatment for Australian Indigenous and Non-Indigenous Prisoners: Demand Reduction Strategies. *International Journal of Prisoner Health*, 11(1), 30-38. doi:10.1108/IJPH-02-2014-0005

- Hogan, A., **Bode, A.**, & Berry, H. (2011). Farmer Health and Adaptive Capacity in the Face of Climate Change and Variability. Part 2: Contexts, Personal Attributes and Behaviors. *International Journal of Environmental Research and Public Health*, 8(10). doi:10.3390/ijerph8104055
- Hogan, A., Berry, H. L., Ng, S. P., & **Bode, A.** (2011). Decisions Made by Farmers That Relate to Climate Change. *Agricultural Science*, 23(1), 36-39. doi:10.3316/informit.977617084152339

Manuscripts Submitted and Under Review

* = Student co-author

- Bode, A.** & Kowal, M. (Submitted). An “Eight Perspectives” Approach to Describe Complex Psychobehavioral Phenomena. *Frontiers in Psychology*.
- Uhlich, M., Kowal, M., Lamarche, V., **Bode, A.**, Silan, M., & Kanth, B. (Submitted). Development of the Relational Embeddedness Scale (RES): A Culturally Grounded Measure of Socio-Familial Embeddedness of Marriage in Collectivistic Contexts. *Journal of Social and Personal Relationships*.
- Bode, A.**, Kowal, M., Kuula, L., & Kavanagh, P. S. (In preparation). Predictors of Self-reported Need for Less Sleep Among Partnered Young Adults in the First Two Years of Romantic Love. *Scandinavian Journal of Psychology*.
- Larkin, G.* & **Bode, A.** (Submitted). Big-5 Personality is Not a Meaningful Predictor of Sexual Frequency in Young Adults Experiencing Romantic Love. *Journal of Sex and Marital Therapy*.
- Bode, A.** & Kowal, M. (Under review). Correlates of First Romantic Love Episode in Young Adults. *Emerging Adulthood*.
- Felesina, T., & **Bode, A.** (Under revision). Romantic Love as Regulatory Co-option of Maternal-Bonding Circuitry: A Testable Genetic Account. *Frontiers in Behavioral Neuroscience*.
- Bode, A.** (Under review). Misuse of the Term “Romantic Love.” *Human Nature*.
- Bode, A.**, Koppel, S., Kowal, M., & Kavanagh, P. S. (Submitted). Predictors of Self-reported Riskier Driving Among Young Adults Experiencing Romantic Love. *Current Psychology*.
- Algoe, S.B., Karremans, J.C., & **The Love Consortium Global Advisors** (Under review). Globalizing the Science of Love and Social Connection. *Current Directions in Psychological Science*.

Book Chapters

- Bode, A.**, Kavanagh, P. S., & Kowal, M. (2025). Using an Evolutionary Approach to Study Romantic Love. In C.-H. Mayer & E. Vanderheiden (Eds.), *International Handbook of Love: Transcultural and Transdisciplinary Perspectives* (pp. 1-19). Cham: Springer Nature Switzerland.

Opinions, Commentaries, and Letters to the Editor

- Bode, A.** (2026). Use of the term “romantic love” in the evolutionary social and behavioral sciences. *Frontiers in Psychology, Volume 17 - 2026*. <https://doi.org/10.3389/fpsyg.2026.1716892>

Bode, A. (2026). We Already Know a Bit About the Evolution of Love.... *American Journal of Biological Anthropology*, 189(1), e70201. doi:<https://doi.org/10.1002/ajpa.70201>

Bode, A. (2025). The Science of Love is Not Quite There.... *mSystems*, 0(0), e01189-01125. doi:10.1128/msystems.01189-25

Bode, A., & Kowal, M. (2025). We Know More and Less About Love: A Comment on Babková and Repiská (2025). *Frontiers in Behavioral Neuroscience*, Volume 19 - 2025. doi:10.3389/fnbeh.2025.1602582

Commissioned Reports

Hogan, A., Berry, H. L., Ng, S. P., & **Bode, A.** (2011). Decisions Made by Farmers that Relate to Climate Change. Canberra, Australia. Report commissioned by the the Rural Industries Research and Development Corporation.

Rodas, A., **Bode, A.,** & Dolan, K. (2011). Supply, Demand, and Harm Reduction Strategies in Australian Prisons: An Update. Civic Square, Australia. Report commissioned by the Australian National Council on Drugs.

Berry, H.L., **Bode, A.,** & Capon, T (2011). 'Mental Health in Australia's Million-plus Cities: Social Environments, Physical Environments and Psychological Dynamics.' Australian Government Department of Families, Housing, Community Services and Indigenous Affairs (FaHCSIA) Social Policy Research Services Grant, FCH 2007/03e (Unpublished report).

Selected Manuscripts in Preparation

* = Student co-author

Kowal, M., Uhlich, M., Scheller, M., & **Bode, A.** (In preparation). Preliminary Investigations into Love in a Romantic Relationship and Sexual Frequency.

Bode, A., Kowal, M., Brooks, R., & Blake, K. (In preparation). An Experiment to Investigate the Effect of Gender Equality on Love in Romantic Relationships.

Bode, A., Luoto, S., Kowal, M., Cannas Aghedu, F., & Kavanagh, P.S. (In preparation). Sexual Orientation and Romantic Love.

Kowal, M., Coffey, J. K., Stern, J. A., & **Bode, A.,** (In preparation). Validation of the Maternal Love Scale.

Bode, A., Luoto, S., Kowal, M., Buss, D., Simpson, J., Dunbar, R., & Lieberman, D. (In preparation). The Evolution of Romantic and Companionate Love: Shared and Distinct Biology, Psychology, and Behavior. Invited target article to *Evolution and Human Behavior*.

Bode, A. & Langeslag, S.J.E. (In preparation). Obsessive Thinking About a Loved One in Romantic Love: Eight Perspectives. Invited contribution to a Royal Society Special Issue in Philosophical Transactions of the Royal Society B.

Kowal, M., Scheller, M., Łakomy, K., Muzek, F., Langeslag, S.J.E. . . . **Bode, A.** (In preparation). Validation of the Short Version (PLS-5) of the Passionate Love Scale (PLS-30).

- Bode, A.**, Greenhill, S. J., Hendershott, R., & Balolia, K.L. (In preparation). Strong Evidence for the Sequential Evolution of Social Monogamy, Territoriality, and Paternal Care in the *Homo Sapiens* Lineage.
- Veitch, E.* & **Bode, A.** (In preparation). Does Big-5 Personality Predict Hypomanic-like Features in Young Adults Experiencing Romantic Love?
- Ellis, S.* & **Bode, A.** (In preparation). Does Behavioural Activation System Sensitivity to a Loved One Predict Hypomanic-like Features in Young Adults Experiencing Romantic Love?
- Blummer, B.* & **Bode, A.** (In preparation). Romantic Love Predictors of Relationship Satisfaction in Young Adults Experiencing Romantic Love.
- Ye, Y.* & **Bode, A.** (In preparation). Features of Romantic Love Predict Subjective Partner Mate Value in Young Adults.

Conference Presentations

- Bode, A.**, Greenhill, S.J., Hendershott, R., & Balolia, K.L. (2026, April 2-4) Strong Evidence for the Sequential Evolution of Social Monogamy, Territoriality, and Paternal Care in the *Homo Sapiens* Lineage. Presentation at the 2026 NEEPS Conference.
- Bode, A.**, Greenhill, S.J., Hendershott, R., & Balolia, K.L. (2025, December 10-12) Strong Evidence for the Sequential Evolution of Social Monogamy, Territoriality, and Paternal Care in the *Homo Sapiens* Lineage. Presentation at the 38th Annual Conference of the Australasian Society for Human Biology, Auckland.
- Bode, A.**, Luoto, S., & Kavanagh, P.S. (2025, March 14-16). Sex Differences in Romantic Love: An Evolutionary Perspective. Presentation at the Second Conference on Love Studies, Online.
- Bode, A.**, Luoto, S., & Kavanagh, P.S. (2024, December 4-6). Sex Differences in Romantic Love: An Evolutionary Perspective. Presentation at the Australasian Evolution Society Conference, Perth.
- Bode, A.**, Luoto, S., & Kavanagh, P.S. (2024, December 4). Sex Differences in Romantic Love: An Evolutionary Perspective. Presentation at the 2024 EPinOZ, Sydney/ Online.
- Bode, A.**, Luoto, S., & Kavanagh, P.S. (2024, November 25-27). Sex Differences in Romantic Love: An Evolutionary Perspective. Presentation at the Australasian Society for Human Biology 2024 Conference, Online.
- Bode, A.** & Kavanagh, P.S. (2024, June 27-28). Sex Differences in Romantic Love: An Evolutionary Perspective. Presentation at the 3rd Joint Conference on Evolutionary Biology, Online.
- Bode, A.** & Kavanagh, P. S. (2024, January 3-6). Phenotypes of Romantic Love. Presentation at the Conference on Love Studies, Gran Canaria/ Online.
- Bode, A.** & Kavanagh, P. S. (2023, December 11-13). Are There Different Phenotypes of Romantic Love? Presentation at the 37th Annual Conference of the Australasian Society for Human Biology, Brisbane.
- Bode, A.** (2023, June 1-4). Romantic Love Evolved by Co-opting Mother-infant Bonding. Presentation at the Evolution 2023 Conference, Albuquerque/ Online.

- Bode, A.**, & Kavanagh, P. S. (2023, April 20-23). Biological Sex and Romantic Love Among Partnered, English-speaking, Young Adults in the First Two Years of Being In Love: A Bottom-up Evolutionary Approach. Presentation at the NorthEastern Evolutionary Psychology Society Conference, New Paltz/ Online.
- Bode, A.** (2022, December 14-16). Romantic Love Evolved by Co-opting Mother-infant Bonding: Introducing a New Model. Presentation at the Australasian Evolution Society Conference, Canberra.
- Bode, A.** (2022, December 12-14). Psychological and Biological Evidence Suggests that Romantic Love Evolved by Co-opting Mother-infant Bonding. Presentation at the Australasian Society for Human Biology Conference, Sydney/ Online.
- Bode, A.** (2022, November 25). The Theory of Co-opting Mother-infant Bonding Explains the Mechanisms of Romantic Love. Presentation at EPinOZ, Sydney/ Online.
- Bode, A.**, Berry, H. L., & Kelly, B. (2009, December 1-4). Patterns and Correlates of Drinking and Smoking in a Rural Sample Reporting Very Low Levels of Psychological Distress. Presentation at the Australian Society for Psychiatric Research Annual Conference, Canberra.

Symposium Presentations

* = Student co-author; # = Co-author presenter

- Lewis, T.*# & **Bode, A.** (2025, 31 October). Love Under the Influence: Increased Substance Use Since Falling In Love Negatively Predicts Commitment. Presentation at the 2025 loveresearch.info Symposium, Online.
- Bode, A.**, Koppel, S., Kowal, M., & Kavanagh, P.S. (2025, 31 October). Predictors of Self-reported Riskier Driving Among Young Adults Experiencing Romantic Love. Presentation at the 2025 loveresearch.info Symposium, Online.
- Kowal, M., Scheller, M., Łakomy, K.,# Muzek, F., Tolboom, B., . . . **Bode, A.** (2025, 31 October). The Quality of Love: Review of Passionate Love Scale. Presentation at the 2025 loveresearch.info Symposium, Online.
- Bode, A.**, Luoto, S., Kowal, M., Cannas Aghedu, F.#, & Kavanagh, P.S. (2024, October 25). Sexual Orientation and Romantic Love. Presentation at the 2024 loveresearch.info Symposium, Online.
- Wherret, J.*# & **Bode, A.** (2024, October 25). Love, Health, and Harmony: The Link Between Health Domains and Relationship Satisfaction in Young Adults Experiencing Romantic Love. Presentation at the 2024 loveresearch.info Symposium, Online.
- Bode, A.**, Kowal, M., Cannas Aghedu, F. & Kavanagh, P. S. (2024, October 25). SSRI Use is not Associated with the Intensity of Romantic Love, Obsessive Thinking About a Loved One, Commitment, or Sexual Frequency in Young Adults Experiencing Romantic Love. Presentation at the 2024 loveresearch.info Symposium, Online.
- Bode, A.**, Kowal, M., & Kavanagh, P. S. (2023, October 27). Time in Love, but not Relationship Duration, Predicts Commitment in Young Adults Experiencing Romantic Love. Presentation at the 2023 loveresearch.info Symposium, Online.

Longo, K.[#], **Bode, A.**, Kavanagh, P. S., & Geher, G. (2023, October 27). Factors Associated With Unequal Romantic Love Relationships in Young Adults. Presentation at the 2023 loveresearch.info Symposium, Online.

Bode, A., Kowal, M., Cannas Aghedu, F.[#], & Kavanagh, P. S. (2023, October 27). Relationship Duration, Intensity of Romantic Love, Commitment, and Elevated Mood Do Not Predict Sexual Frequency Among Young Adults in the First Two Years of Romantic Love. *Journal of Sex Research*. Presentation at the 2023 loveresearch.info Symposium, Online.

Bode, A. (2022, October 7). A New Evolutionary Model Explains the Mechanisms of Romantic Love. Presentation at the 2022 loveresearch.info 2022 Symposium, Online.

Poster Presentations

Bode, A. & Kavanagh, P. S. (2024, February 1-2). A Cluster Analytic Study of Partnered Young Adults in the First Two Years of Romantic Love. Poster presented at the ANU School of Archaeology and Anthropology 50th Anniversary Conference, Canberra.

Bode, A., Berry, H. L., Kelly, B., Coleman, C., & Stain, H. J. (2008, December 3-5). Alcohol, Tobacco, and Mental Health in a Rural Sample. Poster presented at the Australasian Society for Psychiatric Research Annual Conference, Newcastle.

Datasets

Bode, A. & Kavanagh, P. S. (2022). *Romantic Love Survey 2022*. Retrieved from: <https://doi.org/10.15139/S3/WBVMFG>

Research Experience

Research Assistant Implementing Expanding Naloxone in the ACT Evaluation	2014
Grant Writer (Sole Trader) Australian Institute for Aboriginal and Torres Strait Islander Studies	2012
Research Officer Australian National Council on Drugs	2009-2011
Research Assistant National Centre for Epidemiology and Population Health <i>Australian National University</i>	2008-2010
Survey Interviewer National Drug and Alcohol Research Centre <i>University of New South Wales</i>	2007-2010

Theses

- PhD thesis (Anthropology)** 2025
Australian National University
 Title: Darwin's Lovers: Evolutionary Perspectives on Romantic Love
 Supervisor: Assoc Prof Phillip S. Kavanagh (University of Canberra)
- Honours thesis (Psychology)** 2009
Australian National University
 Title: Drinking, Smoking, and Mental Health in a Rural Sample Reporting Very Low Levels of Psychological Distress
 Supervisor: Prof Helen E. Berry

Editorial Roles

- Guest Editor Assistant** Behavioral Sciences 2023-2024
Advances in the Science of Mating, Love, and Attachment in Romantic Relationships

Reviewer Roles

Journals: Anthropological Review; Behavioral Sleep Medicine; Biological Psychology; BMC Psychology; Cognition and Emotion; Discovery Psychology; European Journal of Personality; Evolution and Human Behavior; F1000Research; Heliyon; Human Nature; International Journal of Environmental Research and Public Health; International Journal of Prisoner Health; International Journal of Wellbeing; Journal of Family Psychology; Journal of Men's Health; Journal of Sex and Marital Therapy; Journal of Social and Personal Relationships; New Ideas in Psychology; Personal Relationships; Personality and Individual Differences; Phenomenology and the Cognitive Sciences; PLOS One

Books: Oxford Handbook of Evolutionary Psychology

Honours theses: Federation University Australia x 14

Lectures

- Teaching Institute of Love Studies (Online)** Promises and Pitfalls in Measurements of Love 7 January 2024

Invited Talks

- Relationships Lab (Online)** 28 June 2024
Radboud University
- Interpersonal Relationships Lab (Online)** 24 April 2024
Victoria University of Wellington

Relationships Lab (Online) 25 March 2024
Utrecht University

Attraction and Relationships Research Laboratory (Online) 25 May 2022
University of California, Davis

Laboratory for Comparative Neurobiology of Monogamy (Online) 24 February 2022
University of California, Davis

External Supervision (Honours)

Supervisor Honours (Psychology) <i>Federation University Australia</i>	Do Features of Romantic Love Predict Self-perceived Mate Value in Young Adults? (2A)	2025
Supervisor Honours (Psychology) <i>Federation University Australia</i>	Does Behavioural Activation System Sensitivity to a Loved One Predict Hypomanic-like Features in Young Adults Experiencing Romantic Love? (1)	2025
Supervisor Honours (Psychology) <i>Federation University Australia</i>	Does Increased Substance Use Since Falling “In Love” Predict Commitment in Young Adults? (2A)	2025
Supervisor Honours (Psychology) <i>Federation University Australia</i>	Does Big-5 Personality Predict Sexual Frequency in Young Adults Experiencing Romantic Love? (1)	2025
Supervisor Honours (Psychology) <i>Federation University Australia</i>	Do Features of Romantic Love Predict Health-related Quality of Life in Young Adults? (Discontinued)	2025
Supervisor Honours (Psychology) <i>Federation University Australia</i>	Does Big-5 Personality Predict Hypomanic-like Features in Young Adults Experiencing Romantic Love? (2A)	2025
Supervisor Honours (Psychology) <i>Federation University Australia</i>	Romantic Love Predictors of Relationship Satisfaction in Young Adults Experiencing Romantic Love (1)	2024-2025
Supervisor Honours (Psychology) <i>Federation University Australia</i>	Predictors of Commitment in Young Adults Experiencing Romantic Love: Relationship Duration, Time in Love, and Reciprocated Love (2B)	2024-2025
Supervisor Honours (Psychology) <i>Federation University Australia</i>	Romantic Love Predictors of Subjective Partner Mate Value in Young Adults Experiencing Romantic Love (1)	2024-2025
Supervisor Honours (Psychology) <i>Federation University Australia</i>	Romantic Love Predictors of Hypomanic-like Features in Young Adults Experiencing Romantic Love (2A)	2024
Supervisor Honours (Psychology) <i>Federation University Australia</i>	Love, Health, and Harmony: The Link Between Health Domains and Relationship Satisfaction in Young Adults Experiencing Romantic Love (2A)	2024

Supervisor	Young Adults in Romantic Love: Hypomanic-like	2024
Honours (Psychology)	features and Sexual Frequency are Associated with	
<i>Federation University Australia</i>	Obsessive Thinking about a Loved One (1)	

External Professional Service

Member		2026 - Present
Global Ambassador Steering Committee		
<i>The Love Consortium</i>		

Member		2025-Present
Global Ambassador Committee		
<i>The Love Consortium</i>		

Advisory Board Member		2024-2026
Conference on Love Studies		
<i>International Institute of Love Studies</i>		

Founder & Administrator		2021-Present
loveresearch.info		

- Website creation and maintenance
- Monthly email update
- Symposia organiser (2022-2025)
- Microgrant adjudicator



Software Experience

AMOS; BayesTraits; Covidence; PROCESS; Qualtrics; R (Lavaan); SPSS; SurveyMonkey

Achievements

Invitation to Royal Society Meeting	2025
Love, Actually and in Theory: Towards a Robust Science of Love	
<i>The Royal Society</i>	

Journal issue cover article	2023
<i>Behavioral Sciences v13(11)</i>	

3rd place Student Podium Prize	2022
<i>Australasian Society for Human Biology Conference</i>	

Invitation to contribute to Rising Stars in Evolutionary Psychology 2022	2022
<i>Frontiers in Psychology: Evolutionary Psychology</i>	

Top Altmetrics Scores

- 788** Bode, A., & Kavanagh, P. S. (2023). Romantic Love and Behavioral Activation System Sensitivity to a Loved One. *Behavioral Sciences*, 13(11). doi:10.3390/bs13110921
- 266** Bode, A., Luoto, S., & Kavanagh, P. S. (2025). Sex Differences in Romantic Love: An Evolutionary Perspective. *Biology of Sex Differences*, 16(1), 16. doi:10.1186/s13293-025-00698-4
- 184** Bode, A., & Kushnick, G. (2021). Proximate and Ultimate Perspectives on Romantic Love. *Frontiers in Psychology*, 12(1088). doi:10.3389/fpsyg.2021.573123

University Media Releases

- Couples who meet online less happy in love, study shows** 11 August 2025
Australian National University
- Fools of love: Men fall faster than women, study shows** 15 April 2025
Australian National University
- Hot, heavy love: If you're having that much sex, you might be a "libidinous" lover, according to science** 28 February 2025
Australian National University
- Love scrambles the brain and scientists can now tell us why** 09 January 2024
University of South Australia

Selected Media Appearances, Podcasts, or Coverage

- The Dissenter [#1138 Adam Bode: The science of romantic love](#) 19 August 2025
- 10 News+ [Surprising downside to dating apps](#) 12 August 2025
- Triple J [The science of why we fall in love](#) 17 April 2025
- ABC Radio National [What we're learning about romantic love](#) 29 January 2024
- Guardian Australia [Love story: Australian researchers becoming world leaders in the study of romantic love](#) 15 January 2024

Media Articles

- Bode, A. (2025). What is Love? *Chalk*, Spring 2025.
- Bode, A. (2011). What is Justice Reinvestment. *Of Substance: The National Magazine on Alcohol, Tobacco and Other Drugs*, 9(1), 14-15.

Science Outreach

Love (and Other Heart Conditions)
World Science Festival - Brisbane

29 March 2025

Paid Consultancies and Advice

The Research Agency

2024

Certified Professional Development

Introduction to Genomic Technologies
Johns Hopkins University

2023

Collaborate Effectively for Professional Success
IBM

2023

Crowdfunding
University of Pennsylvania

2023

Fundamental Neuroscience for Neuroimaging
Johns Hopkins University

2023

New Supervisor
Australian Institute of Management

2018

Professional Memberships

Australasian Evolution Society

Australasian Society for Human Behaviour and Evolution

Australasian Society for Human Biology

Human Behavior and Evolution Society

International Society for Human Ethology

Referees

Assoc Prof Phil Kavanagh
University of Canberra

PhD Supervisor,
 Collaborator

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